

**Western Counties Society of Osteopaths  
Autumn Convention at Saunton Sands Hotel  
Saturday 11<sup>th</sup> November 2017  
Programme**

- 09.30-10.00      **Registration and tea/coffee**
- 10.00-11.00      **John Evans** – Lead technique Lecturer Plymouth University Osteopathic Department. His lecture will be focusing on the C/Sp
- 11.00-11.15      **Tea/Coffee**
- 11.15-12.15      **John Evans** – a practical continuation of his talk
- 12.30-13.30      **Buffet lunch**
- 13.30-15.30      **Matt Wallden** – Qualified Health & Performance Specialist, CHEK Practitioner, Osteopath and Naturopath. Principles of Spinal Rehabilitation for Specific Pathology. A proposal for general sequence of rehabilitation, specific treatment interventions and conditioning principles of spinal pathologies
- 15.30-15.45      **Tea/Coffee**
- 15.45-16.45      **GOsC representative Tim Walker** speaks about the proposed CPD changes
- 16.45- 17.15      Questions, discussion and AOB
- 19.30              **Dinner** – Gentlemen are required to wear a jacket for dinner