

Western Counties Society of Osteopaths
Annual Summer Convention
Sunday 5th June 2016
Programme

- 09.00-09.30 **Registration and tea/coffee**
- 09.30-10.30 **Mr Andrew Wilson Osteopath** - 'To sit or to stand' - is that the question?
- 10.30-11.30 **Mr Joe Hoare** – ‘What is laughter wellness? What can laughter yoga do for you?’
‘This session is an experience whose main purposes are to remind us of all the wellness information we already know, to encourage us to use it appropriately, and to enjoy the process.’
- 11.30-11.45 **Tea/Coffee**
- 11.45-12.45 **Mr Joe Hoare** – ‘What is laughter wellness? What can laughter yoga do for you?’
- 12.45-13.45 **Buffet lunch**
- 13.45-15.15 **Mr Andrew Wilson Osteopath** – Side effects and complications of Manual Therapy.
- 15.15 -15.30 **Tea/Coffee**
- 15.30-16.30 **Mr Andrew Wilson Osteopath** – Side effects and complications of Manual Therapy.